

Oct 2026

St. Paul's Co-educational College



				Thursday 1/10	Friday 2/10
Main Course A \$36				(Holiday)	Braised Pork in Tomato Sauce with Rice 鮮茄肉片配飯
Main Course B (Vegetarian) \$36				(Holiday)	Braised Vegetarian Duck with Rice 醬炒素鴨配飯
Main Course C \$45				(Holiday)	Black Pepper Chicken Steak & Sausage with Rice 黑椒汁雞扒豬柳配飯
Main Course D \$45				(Holiday)	Japanese Simmered Pork Cartilage with Rice 日式豬軟骨配飯
Side Vegetable (subject to change)					Chinese Cabbage 白菜仔

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	Monday 5/10	Tuesday 6/10	Wednesday 7/10	Thursday 8/10	Friday 9/10
Main Course A \$36	Sweet Corn & Pork with Rice 生粟米肉粒配飯	Steamed Mushroom and Chicken with Rice 北菇蒸雞配飯	Creamy Sauce with Pumpkin and Chicken Stew in Rice 忌廉汁南瓜燴雞球配飯	Fried Spaghetti with Pork & Garlic 香蒜肉絲意粉	Steamed Fish Fillets in Black Beans with Rice 豉汁蒸魚柳配飯
Main Course B (Vegetarian) \$36	Cherry Tomato & Eggplant in Herbs with Spaghetti 車厘茄茄子香草意粉	Scrambled Egg and Tofu in Tomato Sauce with Rice 茄汁雞蛋豆腐配飯	Garlic Bean, Cauliflower & Mushroom with Rice 蒜香甜豆香菇炒椰菜花配飯	Celtuce & Vegetarian Chicken with Rice 萬筍素雞配飯	Braised Pumpkin and Chicken Mushroom with Rice 醬燒南瓜雞脾菇配飯
Main Course C \$45	Indian Style Curry Chicken with Naan 印度咖哩雞配印度薄餅	Baked Pineapple & Chicken with Rice 焗醬烤菠蘿雞球飯	Baked Curry Chicken with Rice 焗咖哩雞球飯	Baked Rice with Chicken in Portuguese Sauce 焗葡國雞飯	Salt and Pepper Deep Fried Pork Chop with Rice 椒鹽豬扒配飯
Main Course D \$45	Braised Pork & Lotus with Rice 紅燒年藕炆豬肉配飯	Creamy Hot Dog with Potato Wedge 什菌忌廉熱狗配薯角	Japanese Curry Cutlet Pork Chop Rice 咖哩吉列豬扒配飯	Japanese Pork Sauté & Chicken Skewer with Rice 豚肉燒配日式雞串飯	Taiwanese Minced Pork & Fried Chicken with Rice 台式肉燥配炸雞飯
Side Vegetable (subject to change)	Choy Sum 菜芯	Zucchini 翠肉瓜	Chinese Cabbage 旺菜	Winter Melon 冬瓜粒	Chinese Cabbage 白菜仔

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	Monday 12/10	Tuesday 13/10	Wednesday 14/10	Thursday 15/10	Friday 16/10
Main Course A \$36	Braised Chicken & Mushroom with Rice 野菌燴雞球配飯	Sliced Beef in Gravy sauce with Rice 燒汁香菌牛肉片配飯	Braised Pork and Mushroom with Noodle 肉絲香菇炆伊麵	Japanese Curry Chicken with Rice 日式咖喱雞配飯	Beef in Creamy Egg Sauce with Rice 滑蛋牛肉配飯
Main Course B (Vegetarian) \$36	Braised Egg Tofu, Enoki Mushroom and Broccoli with Rice 金菇玉子豆腐西蘭花配飯	Stir-Fired Mushroom, Bean Curd Sheet and Celtuce in Garlic Sauce with Rice 蒜香冬菇枝竹炒萵筍配飯	Mixed Vegetable in Portuguese Sauce with Rice 葡汁雜菜配飯	Braised Mushrooms and Bean Curd in Oyster Sauce with Rice 蠔油冬菇炆枝竹配飯	Mushroom & Spinach with Spaghetti 白汁香菇菠菜意粉
Main Course C \$45	Fried Spaghetti with Smoked Duck Breast 黑椒煙鴨胸炒意粉	Baked Creamy Fish Fillet with Rice 焗白汁魚柳飯	Baked Curry Chicken with Rice 焗咖喱雞球飯	Kyoto Style Pork with Rice 京都肉排配飯	Baked Chicken a La King Rice 焗白汁雞皇飯
Main Course D \$45	Mushroom & Chicken Rice Ball with Men Taiko Chicken Wings 蘑菇雞肉飯團配明太子雞翼	Deep Fried Chicken & Sausage with Rice 炸雞翼腸仔配飯	Greek Braised Beef in Red Wine Sauce with Rice 希臘紅酒燴牛肉配飯	Chicken Steak & Luncheon Meat with Rice 蔥油雞扒餐肉配飯	Green Curry Pork Chop with Rice 青咖喱香茅豬扒飯 小辣
Side Vegetable (subject to change)	Choy Sum 菜芯	Zucchini 翠肉瓜	Chinese Cabbage 旺菜	Winter Melon 冬瓜粒	Chinese Cabbage 白菜仔

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	Monday 19/10	Tuesday 20/10	Wednesday 21/10	Thursday 22/10	Friday 23/10
Main Course A \$36	(Holiday)	Chicken with Black Bean Sauce with Rice 豉椒雞球配飯	Braised Beef in Tomato Sauce with Rice 蕃茄牛肉飯	Spicy Tomato Sauce Chicken with Penne 香辣茄汁雞球長通粉	Green Curry Chicken with Rice 青咖喱雞飯
Main Course B (Vegetarian) \$36	(Holiday)	Mixed Vegetable in Arrabbiata Sauce with Spaghetti 辣茄汁香蒜雜菜意粉	Garlic Bean, Cauliflower & Mushroom with Rice 蒜香甜豆香菇炒椰菜花配飯	Braised Cauliflower, Mushroom & Tofu with Rice 紅燒椰菜花野菌豆腐配飯	Creamy Vegetable with Rice 香滑忌廉雜菜配飯
Main Course C \$45	(Holiday)	Braised Pork & Bean Cur with Rice 枝竹炆腩肉配飯	Baked Penne with Bacon & Mushroom 芝士焗煙肉白菌片長通粉	Curry Chicken Steak & Ham with Rice 咖喱雞扒火腿配飯	Baked Tomato Pork Chop Rice 焗蕃茄豬扒飯
Main Course D \$45	(Holiday)	Sticky Rice, Beef Ball & Siu Mai 糯米雞，牛肉球，燒賣	Malaysia Chicken with Roti 馬來西亞叻沙雞配簿餅	Meat Ball & Sausage with Potato Wedge 香草茄汁豬肉丸配紐倫堡腸長配 烤薯仔	Caribbean Grilled Pineapple & Chicken Steak with Rice 加勒比菠蘿燒雞扒配飯
Side Vegetable (subject to change)	Choy Sum 菜芯	Zucchini 翠肉瓜	Chinese Cabbage 旺菜	Winter Melon 冬瓜粒	Chinese Cabbage 白菜仔

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	Monday 26/10	Tuesday 27/10	Wednesday 28/10	Thursday 29/10	Friday 30/10
Main Course A \$36	Fried Spaghetti with Black Pepper Chicken 黑椒雞柳炒意粉	Yeung Chow Fried Rice 楊州炒飯	Braised Chicken & Mushroom with Rice 洋蔥白菌燴雞配飯	Steamed Pork Patty & Mushroom with Rice 冬菇蒸肉餅配飯	Cream Chicken & Mushroom with Rice 香滑忌廉汁什菌雞粒配飯
Main Course B (Vegetarian) \$36	Braised Mushroom & Tofu in Ginger Onion with Rice 薑蔥冬菇豆腐配飯	Spicy Ketchup Vegetable with Spaghetti 辣茄汁蒜香雜菜意粉	Mushroom & Tofu with Rice 豆腐扒雙菇配飯	Courgetti, Black Fungus and Vegetarian Chicken with Rice 翠肉瓜雲耳素雞配飯	Braised Vegetarian Duck with Rice 醬炒素鴨配飯
Main Course C \$45	White Curry Pork Chop with Rice 白咖喱豬扒配飯	Baked Black Pepper Chicken with Rice 焗黑椒雞球飯	Pork Chop & Ham in Onion Sauce with Rice 洋蔥汁豬扒火腿配飯	Chicken Steak & Sausage in Garlic Sauce with Rice 蒜蓉汁雞扒腸仔飯配飯	Baked Tuna & Bacon with Penne 焗白汁煙肉吞拿魚飯
Main Course D \$45	Braised Chicken Wings, Egg & Red Sausage with Rice 滷水雞翼, 蛋, 紅腸配飯	Curry Beef Brisket with Rice 咖喱牛腩配飯	Taiwanese Minced Pork & Sausage with Rice 台式肉燥配台灣腸飯	Curry Cutlet Pork Chop with Rice 咖喱吉列豬扒配飯	Deep Fried Chicken & Tamagoyaki with Rice 唐揚雞玉子燒配飯
Side Vegetable (subject to change)	Choy Sum 菜芯	Zucchini 翠肉瓜	Chinese Cabbage 旺菜	Winter Melon 冬瓜粒	Chinese Cabbage 白菜仔